

TABELLA ORARIA

PERCORSO GRANFONDO

Alt.	Località	Km.			Medie orarie					
		Parziali	Percorsi	Da perc.	16	20	24	28	32	36
PROVINCIA DI SONDRIO										
1806	Livigno (Aquagranda) Partenza	0,00	0,000	166,800	7:00	7:00	7:00	7:00	7:00	7:00
2315	GPM Forcola di Livigno	16,20	16,200	150,600	8:00	7:48	7:40	7:34	7:30	7:27
2056	Bv. Per Passo Bernina	3,90	20,100	146,700	8:15	8:00	7:50	7:43	7:37	7:33
2327	GPM Passo Bernina	3,40	23,500	143,300	8:28	8:10	7:58	7:50	7:44	7:39
1805	Pontresina	14,80	38,300	128,500	9:23	8:54	8:35	8:22	8:11	8:03
1705	Samedanm	5,20	43,500	123,300	9:43	9:10	8:48	8:33	8:21	8:12
1686	La Punt	7,00	50,500	116,300	10:09	9:31	9:06	8:48	8:34	8:24
1473	Zernez	20,10	70,600	96,200	11:24	10:31	9:56	9:31	9:12	8:57
1712	Bv. Tunnel Munt la Schera	12,00	82,600	84,200	12:09	11:07	10:26	9:57	9:34	9:17
2148	GPM Passo dal Fourn	9,50	92,100	74,700	12:45	11:36	10:50	10:17	9:52	9:33
1661	Tschierv	5,60	97,700	69,100	13:06	11:53	11:04	10:29	10:03	9:42
1376	Santa Maria Val Mustair	8,10	105,800	61,000	13:36	12:17	11:24	10:46	10:18	9:56
2501	GPM Umbrailpass	13,10	118,900	47,900	14:25	12:56	11:57	11:14	10:42	10:18
2341	Sacrario Militale dello Stelvio	3,00	121,900	44,900	14:37	13:05	12:04	11:21	10:48	10:23
1297	Bv. per Livigno	13,70	135,600	31,200	15:28	13:46	12:39	11:50	11:14	10:46
1345	Isolaccia	7,30	142,900	23,900	15:55	14:08	12:57	12:06	11:27	10:58
1874	Amoga	8,30	151,200	15,600	16:27	14:33	13:18	12:24	11:43	11:12
2291	GPM Passo del Foscagno	6,80	158,000	8,800	16:52	14:54	13:35	12:38	11:56	11:23
2208	GPM Passo di Eira	6,90	164,900	1,900	17:18	15:14	13:52	12:53	12:09	11:34
2385	Livigno (Mottolino) Arrivo	1,90	166,800	0,000	17:25	15:20	13:57	12:57	12:12	11:38